(1990-2011) TMI Focus
HEMI-LYNC Compilations

Hemi-Lync: Making Global Connections was a bulletin board that appeared regularly in the TMI Focus from 1992-2007. It was designed to connect readers with people, events, and publications around the world that had something to share about Hemi-Sync and The Monroe Institute.

Reviews (1994-2)
NAPRA Trade Journal In “Music and Audio Reviews,” editor Carol Wright gives *Time Out for Sleep* high marks. Carol calls it “a hard album to review without dozing off.” After giving a clear, accurate description of what this CD provides, she characterizes it as “a very cozy experience!”

Book Reviews (1995-1)
Mind Trek, by Joe McMoneagle, was reviewed in Brain/Mind, August 1994. Robert Monroe's Journeys Out of the Body was cited as pivotal to Joe's understanding of his first two lifechanging near-death experiences.

Reviews (1995-3)
NEXUS, February-March 1995. The “Reviews” section of this Australian magazine lavished praise on *ULTIMATE JOURNEY*. The reviewer stated, “There are concepts discussed and utilized for exploration which have no equal in our reality.”

Noetic Sciences Review, Autumn 1995. Nola Lewis's concise, information-packed review of Using the Whole Brain, edited by Ronald Russell, billed Hemi-Sync as a humane technology “to work with our own minds.”

The Therapist, Vol. 2, No. 4, Winter 1995. David F. Mayor's review of *Using the Whole Brain* described TMI's origins, explained the HemiSync process, and neatly encapsulated the book's message. The British readership was furnished with the address of a tape distributor in the UK.

Reviews (1996-3)
The British Scientific and Medical Network publication *NETWORK*, No. 59, December 1995, ran David Lorimer's detailed and thoughtful review of ULTIMATE JOURNEY in its Psychology / Parapsychology” section. Lorimer, the director of the network, concluded with, “I have said enough for readers to realize that this book is required reading for anyone interested in the inner horizons of consciousness.”

Reviews (1997-2)
NETWORK, no. 62, December 1996, featured “Exploration 27” by Ronald Russell, MA, a member of TMI's Board of Advisors and Professional Division. Russell provided an easily

comprehensible overview of Hemi-Sync and Robert Monroe's cosmology for neophytes. He then drew from his personal experience to give a balanced, engaging description of the *EXPLORATION 27* graduate program.